



**WELLSPRING** | **Jankharia Imaging**

RADIOLOGY • DIAGNOSTICS



**PREVENTIVE HEALTH CHECKS**





**WELLSPRING | Jankharia Imaging**

**RADIOLOGY • DIAGNOSTICS**

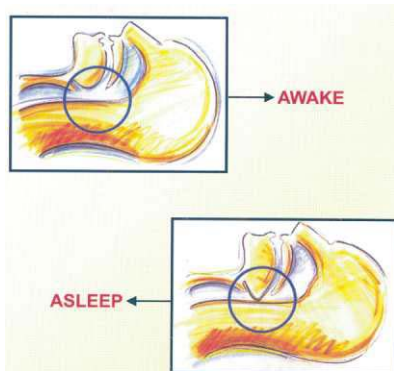
For appointments  
please contact :- 022 6617 3344.

## What is Sleep Apnea ?

Sleep apnea occurs when there are periods of time when you stop breathing while you are asleep. These periods can be as brief as 10 seconds, but are sometimes longer. When you stop breathing the body does not get enough oxygen, this will cause you to momentarily awaken, and also cause a rise in your heart rate and blood pressure just before you start breathing normally again. This can occur hundreds of times throughout the night and can keep you from getting the restful sleep you need.

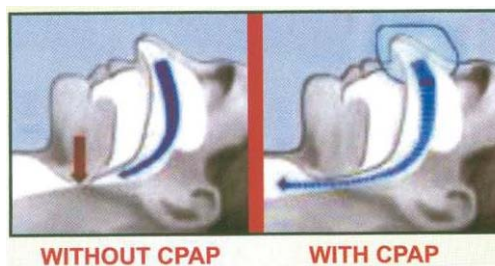
*The symptoms include:*

- Day time sleepiness
- Choking at night during sleep.
- Morning headaches.
- Irritability or mood swings.
- Poor concentration.
- Breathing pause during sleep.



**What are you at a risk for?**

- Developing Hypertension
- Heart attack
- Cardiac Failure
- Irregular heart rhythm
- Brain strokes



**What can be done to treat Sleep Apnea ?**

Once your doctor determines that you have sleep apnea a CPAP/ BiPAP device may be prescribed. This form of treatment is the most effective and widely used means of treating Sleep apnea.

---

## Preventive Health Checks FAQ'S

1. Reporting Time: 8.30 a.m. to 9.00 a.m.
2. Duration: 4 to 5 hrs approx, depending on the package taken (Breakfast will be served to you at the centre).
3. Discussion & Report collection: After 2 days or would be couriered to the desired address.
4. All patients will be provided with special clothing & footwear. Tennis shoes will be provided for the Stress test.
5. We also customize packages as per your needs.

## OUR TEAM OF CONSULTANTS

### NAMES

### DEPARTMENT

Dr. Deepa Pande	General Physician
Dr. G.R. Jankharia	Radiologist
Dr. Bhavin Jankharia	Radiologist
Dr. Bijal Jankharia	Radiologist
Dr. Kaushal Chhatrapati	Cardiologist
Dr. Madhuri Patel	Gynaecologist
Dr. Nishit Shah	ENT Specialist
Dr. Pranay Kapadia	Ophthalmologist
Dr. Ashima Acharya	General Surgeon
Dr. Ripal Kotak	Dentist
Ms. Nrupa Joshi	Nutritionist
Ms. Snehal Baria	Audiologist


---

---

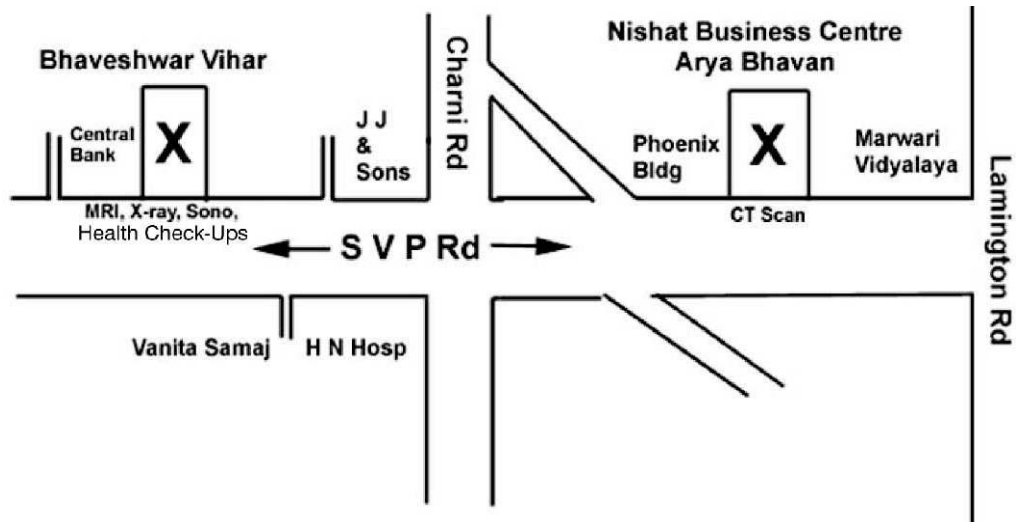


## PREVENTIVE HEALTH CHECKS

Total Body Profile\* = CBC + ESR + TP + BILI + CHOL  
+ BUN + CREAT + UA  
+ SGOT, SGPT, GGTP + SUGAR  
+ CA + PHOS + ALKP + LDH + NA  
+ K + CL + TG + HDL + LDL  
+ Urine ROUTINE + Stool ROUTINE  
+ Blood Group



## Site Map



### Contact Details:

#### Wellspring Jankharia Imaging

383, Bhaveshwar Vihar, S. V. P. Road,

Prarthana Samaj,

Mumbai - 400 004.

Tel.: 022 6617 3333

Fax: 022 2382 9595

Email: [info@jankharia.com](mailto:info@jankharia.com)

Website: [www.jankharia.com](http://www.jankharia.com)